

HORIZONES



CyberZone Newsletter - July 2006

Dear All,

Welcome to our latest newsletter. Here you will find updates on: **Lee**; summer trips; Holiday CyberZone; sports and games; computer training; skills swap sessions; and a weekend residential.

Lee:

I am sorry to say that **Lee** won't be back at CyberZone until September but I am happy to say he is taking care to rest at home and recover from his fall. He misses CyberZone and says 'Hi' to everyone.

Summer Trips:

We recently enjoyed a trip to **Farmland Museum and Denny Abbey** and also **Thorpe Park**. The next Friends of CyberZone trip *may* be to the **Enchanted Forest** so watch this space for further details.

Holiday CyberZone:

Possible Wednesday dates for Holiday CyberZone are 26th July and 2nd, 9th and 16th August – these dates will be confirmed nearer the time before places can be booked.

Sports and games:

Shaun will be here every Saturday during July to run sports and games indoors or at the Adventure Playground, from 1.30pm – 2.30pm. Dance will continue to take place with **Kasane** on alternate weeks.

Learning Computer Skills:

Angela's 20-minute computer bursts are going well so book your bursts in advance!

Skills Swaps:

The next Skills Swap is on **Saturday 29th July** – flyers with more information will be circulated soon.

Weekend Residential: 'Growing up, puberty and relationships':

Cyberzone and Lewisham Youth Service are working in partnership to run a residential weekend for 10 young people aged 13+ years and 10 parent/guardian/carers. **Bronwen Bakare** will be leading the weekend and the focus will be on 'Growing up, puberty and relationships'. Photography, drama, stories and discussions will be used to explore these themes with young people. They will also have the chance to take part in outdoor pursuits. Further details are at the end of this newsletter.

If you would like an application form please speak to me.

Contact us:

You can contact us in person, by e-mail, phone, or in writing. Our address and phone number are shown below and our e-mail address is: info@cyberzone.org.uk. We are always happy to help if we can.

Sadhana

CyberZone Manager

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Weekend Residential

Cyberzone and Lewisham Youth Service are working in partnership to run a residential weekend for 10 young people and 10 parent/guardian/carers.

The focus of the weekend is 'Growing up, puberty and relationships'. We will use photography, drama, stories and discussions to explore these themes with young people. They will also have the chance to take part in outdoor pursuits/activities.

Parents will not be involved in the workshops with the young people. In the mornings parents have time for themselves. In the afternoons there will be a Stress management workshop (including shoulder massage) and a workshop about puberty, growing up and relationships.

Young people need to be aged 13 years and above, be interested in the topics, be able to work in a group, and have a parent/carer/guardian to accompany them

The weekend will take place at Margaret Macmillan House in Wrotham, Kent. The centre is especially designed for young people on educational visits and is set in the beautiful countryside.

The cost of the weekend will be £20 per young person.

The weekend will start on Friday 6th October until Sunday 8th October 2006. There will be 3 workshops in September to prepare young people for the weekend and 2 meetings for parents/guardians/carers.

If you are interested please complete an application form.

As places are limited young people will be carefully selected on their suitability for this trip.

Yours sincerely,
Bronwen Bakare
Lewisham Area Youth Worker